

# 2009 SEASONAL FLU CLINICS FOR SENIORS aged 65 and older

## TUESDAY, OCTOBER 13

### Woodstock

South Gate Centre, 191 Old Wellington St. S. 11:00AM—3:00PM

### Ingersoll

Seniors Activity Centre, 250 Ingersoll St. S. 2:00PM—5:00PM

## WEDNESDAY, OCTOBER 14

### Tillsonburg

The Livingston Centre, 96 Tillson Ave. 3:00PM—7:00PM

### Ingersoll

Seniors Activity Centre, 250 Ingersoll St. S. 2:00PM—5:00PM

## THURSDAY, OCTOBER 15

### Woodstock

College Avenue Secondary School, cafeteria 3:00PM—7:00PM

## SATURDAY, OCTOBER 17

### Tillsonburg

Tillsonburg Senior Centre, 45 Hardy Ave. 10:00AM—2:00PM

## MONDAY, OCTOBER 19

### Plattsville

Plattsville Arena, 68 Mill St. 9:30AM—11:30AM

## WEDNESDAY, OCTOBER 21

### Thamesford

Thamesford Library, 165 Dundas St. W. 9:30AM—11:30AM

This year, it's a different flu season because the pandemic H1N1 flu virus is also in our community. This changes how people will get their flu shot.

**If you are 65 or older or live in a long-term care home, you can receive the seasonal flu shot in October** from your doctor or at one of the clinics listed here. Those who are 65 or older are at higher risk of health complications from the seasonal flu.

Others who would like the seasonal flu shot will receive it later, after H1N1 vaccinations have taken place in November and December. You may also choose to have the H1N1 shot when it's available.

For information call Public Health at 519.539-9800 | toll-free 1.800.755.0394 or visit [www.oxfordcounty.ca/publichealth](http://www.oxfordcounty.ca/publichealth)

Clinics are offered by Oxford County Public Health and Alexandra Hospital.

