

NOVEMBER 17, 2009

Office of Mary Metcalfe, Acting Director
PUBLIC HEALTH & EMERGENCY SERVICES
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www.oxfordcounty.ca/publichealth

H1N1 flu shot clinics now open to all

Oxford County residents who want the H1N1 flu virus vaccine can receive it at one of the scheduled Public Health clinics or from participating family doctors

NEWS

Public Health & Emergency Services today expanded Oxford County's H1N1 flu virus vaccination program to include everyone who wants to receive the vaccine. The H1N1 vaccine is available at one of the community clinics scheduled by Public Health or from participating family doctors.

In addition to administering the vaccine to people who have not yet received it, Public Health is reminding parents that some children immunized earlier as a priority group may need to return for a second dosage. The newly released Public Health Agency of Canada vaccine recommendations for children are:

- Two half-doses at least 21 days apart for children between six and 35 months;
- One half-dose for healthy children between 3 and 9 years of age; and
- Two half-doses at least 21 days apart for children between 3 and 9 years of age with chronic health conditions.

A full clinic schedule is posted at www.oxfordcounty.ca/h1n1. (See full listing below.)

QUOTES

"We know the H1N1 flu virus is still circulating in our community: Vaccination offers the best protection against the H1N1 flu virus to individuals and to the community as a whole."

- Dr. Douglas Neal, Acting Medical Officer of Health, County of Oxford

"We know that many people in our communities have been waiting for the opportunity to receive their H1N1 flu shot. We encourage people to consider receiving the vaccine now to ensure they are able to enjoy a healthy holiday period with their families in the coming weeks."

- Mary Metcalfe, Acting Director, Oxford County Public Health

CHART: UPCOMING H1N1 FLU SHOT CLINICS IN OXFORD COUNTY

| UPCOMING H1N1 FLU SHOT CLINICS | |
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| TUES, NOVEMBER 17— 3:00 - 7:00 PM Woodstock: Oxford Auditorium (Fairgrounds) | THURS, NOVEMBER 26— 3:00 - 7:00 PM Norwich: Community Centre Aud., Stover St. |
| WED, NOVEMBER 18— 3:00 - 7:00 PM Ingersoll: CAW Hall, 364 Victoria St. | MON, NOVEMBER 30— 3:00 - 7:00 PM Tavistock: Memorial Hall, 3 Adam St. |
| THURS, NOVEMBER 19— 3:00 - 7:00 PM Woodstock: Oxford Auditorium (Fairgrounds) | TUES, DECEMBER 1— 3:00 - 7:00 PM Thamesford: Community Hall, 85 Middleton St. |
| MON, NOVEMBER 23— 3:00 - 7:00 PM Tillsonburg: Special Events Centre, 60 Cedar St. | WED, DECEMBER 2— 3:00 - 7:00 PM Tillsonburg: Special Events Centre, 60 Cedar St. |
| TUES, NOVEMBER 24— 3:00 - 7:00 PM Woodstock: Goff Hall, 381 Finkle St. | THURS, DECEMBER 3— 3:00 - 7:00 PM Woodstock: Goff Hall, 381 Finkle St. |
| WED, NOVEMBER 25— 3:00 - 7:00 PM Ingersoll: CAW Hall, 364 Victoria St. | SAT, DECEMBER 5— 10:00 AM - 2:00 PM Ingersoll: IDCI-School cafeteria, 37 Alma St. |

QUICK FACTS

- Public Health has immunized more than 10,000 people in Oxford County since the start of clinics on October 27, 2009.
- People who become infected with influenza are able to transmit the virus for 24 hours before symptoms appear and for up to seven days after symptoms appear. If you are sick, stay home until you have not had a fever for 24 hours and are feeling better.
- To help protect yourself and others from the flu: wash your hands; cover your cough; and stay home when you are sick. The best way to protect yourself from the flu is to get vaccinated.

ABOUT PUBLIC HEALTH & EMERGENCY SERVICES Oxford County Public Health & Emergency Services seeks to promote and protect the health of Oxford County's more than 100,000 residents. The department's services include family health, immunization, healthy living, infectious disease prevention, sexual health, environmental health, emergency services, and other programs that support healthy behaviours in a healthy environment. For more information, visit www.oxfordcounty.ca/publichealth.

FOR MORE INFORMATION / TO ARRANGE AN INTERVIEW:

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