



The
**VOLUNTEER
FACTOR**
Lifting Communities

April, 2019

Dear Volunteers of Woodingford Lodge,

As we recognize the collective efforts of our volunteers during Volunteer Appreciation Week, 2019, we reflect on the multitude of actions taken locally to help people, communities and neighbourhoods become better places to live and work.

We see it every day! Volunteers leading neighbourhood activities, lifting the collective confidence to solve common issues. Volunteers visiting people, lifting their spirits and keeping them connected. Volunteers coaching sports teams, lifting community pride and creating life-long bonds.

You never know what can give others a lift during a difficult day. What is behind this... it's the Volunteer Factor! Volunteering can also give volunteers a lift. When we volunteer, our spirits are lifted when we have the opportunity to work with others. Our sense of purpose is lifted when we see how our efforts have helped someone else. Our confidence lifts when we gain skills and experience through volunteering, helping us get into a competitive school program or successfully find a job. What lifts your chances to achieve your goals...It's the Volunteer Factor!

The beautiful image of the hot air balloons of different sizes, shapes and colours reflects the diversity of community volunteers. It illustrates that when people volunteer together, the sky is the limit, in terms of what they can achieve.

From all of us at Woodingford Lodge, to all of you,
Happy Volunteer Appreciation Week!